

Research suggests it takes 10,000 hours to develop a new skill to mastery. In this nonstop world, who has that kind of time?

Josh Kaufman offers a systematic approach to rapid skill acquisition—how to learn any new skill as quickly as possible. His field-tested method will show you how to deconstruct complex skills, maximize productive practice, and remove common learning barriers. By completing just twenty hours of focused, deliberate practice you'll go from knowing absolutely nothing to performing noticeably well.

Whether you want to paint a portrait, launch a start-up, fly an airplane, or juggle flaming chainsaws, *The First 20 Hours* will help you pick up the essentials in record time and have more fun along the way.

"As a father of three, practicing neurosurgeon, and global journalist, I don't have a lot of free time on my hands. *The First 20 Hours* is a practical guide to learning beyond our midtwenties, when our brains are fully developed. Josh's book will inspire you to pick up forgotten hobbies and chase elusive dreams."
—DR. SANJAY GUPTA,
 CNN Chief Medical Correspondent

"With the amount of information and change in the world today, the person who can adapt and learn the most quickly will be the most successful. Kaufman breaks down the science of learning in useful, entertaining, and fascinating ways. If you care about keeping your job, your business, or your edge, this book is for you."
—PAMELA SLIM, author of
Escape from Cubicle Nation and Body of Work

"After reading this book, you'll be ready to take on any number of skills and make progress on that big project you've been putting off for years."
—CHRIS GUILLEBEAU, author of *The \$100 Startup*

"In this inspiring little book, Josh argues that you can get good enough at anything to enjoy yourself in just twenty hours. In other words, all that's standing between you and playing the ukulele is your TV time for the next two weeks. If Josh, a busy father and entrepreneur, can make the time, then the rest of us can, too."
—LAURA VANDERKAM, author of
168 Hours and What the Most Successful People Do Before Breakfast

"No more excuses! Kaufman proves that we all have the capacity to become experts."
—SCOTT BELSKY, founder of Behance; author of *Making Ideas Happen*



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The First 20 Hours has 2,929 ratings and 306 reviews. Forget the 10,000 hour rule. What if it's possible to learn the basics of any new skill in 20 hours from Josh Kaufman to discover that with time and download now. <http://digitalmagazinetop.book1591846943full.pdf>. The First 20 Hours: How to Learn Anything Fast! by Josh Kaufman. Buy The First 20 Hours: How to Learn Anything Fast! by Josh Kaufman. Kindle Store Reviews - Amazon.com Summary PDF Book: First 20 Hours Learn Anything. The title of Josh Kaufman's new book, The First 20 Hours: How to Learn Anything Fast! DOWNLOAD FREE Related Book PDF Book The First 20 Hours How To Learn Anything. - Home - Arctic Cat Atv Free Download - Arctic Cat Atv Repair Bearcat - Arctic Cat Atv Dvx 400 Service

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